



Cost of living help

Help is available if you're struggling financially or just finding things difficult. Our Community Hub team is here to help you. Please get in touch whether it's for practical advice:

- call us on 01235 422600
- or email us communitysupport@southandvale.gov.uk

Our office hours are 8.30am–5pm Monday to Thursday, 8.30am–4.30pm on Fridays.

Free or affordable food support

If you or someone you know is struggling to afford food then food banks, food larders, etc may be able to help. You can find food support services in our districts using the interactive www.foodmap.goodfoodoxford.org

Housing support

Help with renting

If you rent a home and you're on a low income, you may be entitled to help with paying rent. You may also be eligible to apply for a Discretionary Housing Payment. This is a short-term financial help with shortfalls in rent for residents receiving either Housing Benefit or Universal Credit support. Find out more about housing benefit on 0345 302 2313 (South) or 0345 302 2313 (North) or Universal Credit on 0800 328 5644.

Housing advice and homelessness

If you're at the risk of being homeless or have lost your accommodation, please contact councils' housing advice team on 01235 422452 to receive specialist advice and assistance.

Mortgage payment support

The government may be able to help towards the interest payments through Support for Mortgage Interest.